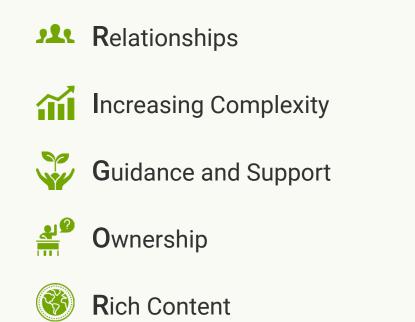# PowerMyLearning®

What is rigor?

Rigorous instruction can help all learners construct knowledge. Use this guide to help define and contextualize rigor in your teaching practice.

RIGOR IS:	RIGOR IS NOT:
✓ Applying knowledge to new situations ✓ About the thinking students are doing ✓ Scaffolding thinking and providing support ✓ For all students and all lessons	≠ More work ≠ Only about the task or question ≠ Letting students struggle without support ≠ Only for remediation or enrichment

R.I.G.O.R

Relationships

Increasing Complexity

Guidance and Support

Ownership

Rich Content

PowerMyLearning's workshops and coaching provide practical strategies to create rigorous learning experiences. Explore our Savvy Practices to Accelerate Learning program.