



Math Is All Around Us

Print and post this on your fridge to remind your family how to turn everyday moments into joyful, spontaneous math learning opportunities that honor your family's experiences, traditions, and skills!

Moment	Activity	Simple Starter Prompts
In the Kitchen	Talk about family recipes and the math behind cooking. Unpack the importance of measuring, ratios, and timing while cooking. Compare food portions or grocery budgets.	What happens if we change an ingredient or measurement? If we split this meal for everyone, how much does each person get?
On a walk	Notice patterns in nature, buildings, or street signs. Count steps, look for symmetry, or discuss distances.	How many steps do we take from here to the store? What shapes do you see around us?
Watching or playing sports	Connect math to keeping score and movement. Discuss angles in dance, speed in running, or force in martial arts.	What math do you use in your favorite sport, dance, or activity? How does math help you improve?
Commuting to an activity	Explore navigation and directions. Talk about routes, speed, travel time, or bus schedules.	What's the best way to get from here to [destination]? How would you explain directions to someone else?